

July 2024




Aging & In-Home Solutions

A member of the  Connect Alliance



SCAN ME

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Chicken & Noodles Rosemary Potatoes Broccoli Wheat Roll Diced Pears Milk	<b>2</b> Pot Roast w/Gravy Key West Veggies Mashed Potatoes Wheat Bread Strawberry Applesauce Milk	<b>3</b>	<b>4</b> Happy 4 <sup>th</sup> of July!  Meal Site Closed	<b>5</b>
<b>8</b> Grilled Hamburger Mac & Cheese Festive Green Beans Diced Pears Wheat Bun Milk	<b>9</b> Almond Crusted Fish Spinach Scalloped Potatoes Wheat Bread Diced Peaches Milk	<b>11</b>	<b>11</b> Braised Beef Over Egg Noodles Collard Greens Diced Carrots Wheat Roll Applesauce Milk	<b>12</b>
<b>15</b> Oven Fried Chicken Whipped Sweet Potatoes Collard Greens Orange Juice Milk	<b>16</b> Italian Bowtie Pasta w/Beef Broccoli w/Red Peppers Green Beans Mandarin Oranges Milk	<b>17</b>	<b>18</b> Country Ham & Beans Diced Beets Diced Carrots Corn Bread Mixed Fruit Milk	<b>19</b>
<b>22</b> Sloppy Joe WG Bun Roasted Sweet Potatoes Brussel Sprouts w/ Onion Diced Pineapple Milk	<b>23</b> Teriyaki Chicken & Noodles Stir Fry Veggies Fresh Orange Milk	<b>24</b>	<b>25</b> Sliced Turkey over Southwest Pasta Broccoli Peas Chocolate Pudding Milk	<b>26</b>
<b>29</b> Meatloaf w/Gravy Brussels sprouts Mashed Potatoes Mandarin Oranges Birthday Treat Milk	<b>30</b> Indiana Style Chili Mac California Veggie Blend Applesauce Corn Bread Milk	<b>31</b>		

\*Menus are subject to change based on product availability.

<https://cicoa.org/menu>